



Cluster of Excellence: "Asia and Europe in a Global Context: Shifting Asymmetries in Cultural Flows", Research Area C: Health and Environment, Heidelberg University

International and Interdisciplinary Workshop/Symposium

The Magic of Yoga: Conceptualizing Body and Self in Transcultural Perspective

Friday, Dec 11, 2009 to Saturday, Dec 12, 2009

Conference Room 212, Karl Jaspers Centre, University of Heidelberg, Voßstraße 2, Building 4400

Programme

Friday, December 11, 2009

2 to 2.15 pm Welcome
Beatrix Hauser, Heidelberg University

2.15 to 2.10 pm Introduction
William S. Sax, Heidelberg University

PART I: LOCATING THE FIELD

2.30 to 3.15 pm **Everyday Magic: The Case of Yoga in Britain**
Suzanne Newcombe, London School of Economics

3.15 to 4 pm **Yoga, Energy, and the Environment: Transnational Discourses on Sustainable Living**
Sarah Strauss, University of Wyoming

Coffee/Tea Break

PART II: NOTIONS OF THE HEALTHY BODY

4.30 to 5.15 pm **East Meets West: An Examination of Transnational Yoga Flows**
Mimi Nichter, University of Arizona

5.15 to 6 pm **From Physical Fitness to Bodily Experience: What Language Does in Cosmopolitan Yoga Classes**
Beatrix Hauser, Heidelberg University

7.30 pm *Dinner*



Saturday, December 12, 2009

PART III: CONCEPTUALIZING SELF-DEVELOPMENT

9.30 to 10.15 am **The Reception and Development of Yoga in German Schools Between 1999 and 2009: An Overview Together With Some Approaches**

Suzanne Augenstein, Gesellschaft für Zentrierung und Pädagogik, Ratingen

10.15 to 11 am **On the Effects of the Cultural Transfer of Concepts and Practices from the Indian Kundalini-Yoga Traditions on Psychology as a Discipline and Psychotherapy as a Profession**

Liane Hofmann, Institut für Grenzgebiete der Psychologie und Psychohygiene, Freiburg i.Br.

Coffee/Tea Break

11.30 am to 12.15 pm **Animations of Deleuze: The Fit, Feminine Body and Mindful Fitness**

Pirkko Markula, University of Alberta

12.15 to 1 pm **Empowerment and Authenticity in Modern Hatha Yoga**

Klas Nevrin, Stockholm University

Lunch

2.30 to 3.15 pm **Somatic Attention in Yoga and in Everyday Life of Practitioners. Observations from the German Yoga Scene**

Anne Koch, University of Munich

3.15 to 4 pm Final Discussion